



BUNGEE FOR PARITY: Chris Mills completes a terrifying bungee jump off Middlesborough Transporter Bridge, even managing to shout 'Parity for Disability!' on the way down. Chris, whose mum Christine Stevens manages Parity's shops, took the dive on May 24 and raised over £1,600, including contributions from his employer Dalkia. A huge congratulations and thank you from all at Parity.

Beyond Boundaries Discount Sat 4 and Sun 5 July 2009

Billed as the UK's most dynamic event for people with disabilities, Beyond Boundaries has moved to FIVE in Farnborough, a perfect location for Parity people. Flyers are available from Parity's office and shops (or enclosed with posted newsletters) entitling you to a discount on tickets booked in advance. Simply quote the number on the back of the flyer when booking.

Parity Student Makes Change With Part Time Voluntary Work

*By Helene Abbiss,
Fundraising & Communications Mgr*

If you visit the High Cross Church Café in Camberley on a Thursday, there's a good chance the person helping you at the cash register will be Parity student Richard Barlow.

Richard, pictured below, uses Parity's Camberley day centre and has also been volunteering at the café every other Thursday.

"I enjoy the work very much, and really like it when it's busy," he said.

Richard was recruited by Sue Fordham, who is manager of the café and also a tutor at the Brooklands College Camberley Adult Learning Centre where Richard has taken classes.

"Last year Richard spent a lot of time on money skills. He wanted to build his numeracy skills and this seemed to be a good opportunity for him," said Sue.

Parity Senior Keyworker Ian Hoole supports Richard as he works at the cafe. Parity staff, who are dedicated to enabling the people who use its services to continue developing their skills and achieving their potential, worked with Sue Fordham to put the arrangements into place.

Richard had been looking for voluntary or part-time paid work for some time and he now plans to keep building his skills and experience.



Eagle Radio

Thank you to Eagle DJ Kim Robson and the Hampshire firemen who visited Parity with chocolate Easter eggs for the Farnborough and Camberley day centres.

Kylie and Kevin's Party

Thank you to Parity supporters Kylie and Kevin who held a party and raised £200 for Parity.

Longacres

Thank you to Longacres Garden Centre in Bagshot for letting Parity have a giant bear collection box. At its recent emptying it contained £366.60.

Notcutts

Thank you to Notcutts Garden Centre in Bagshot for allowing Parity Trustee Kelvin Smith to collect donations on occasional Saturdays. We'll provide a grand total at the end of the summer.

Owen Durrett's Birthday

Thank you to Parity Vice Chair Owen Durrett and all who donated at his 60th birthday party and barn dance, bringing in £800.

Princes Mead Shopping Centre

Parity was the beneficiary of the Noah's Ark Collection in Princes Mead Shopping Centre from 20 April to 3 May and received £59.04. Thank you, Princes Mead.

Rabbit Sqn

Thank you to Bob Yeoman and the Rabbit Sqn, who sell quality aviation art and books, for donating £231 from their signing event on April 11.

Rotary Club of Fleet

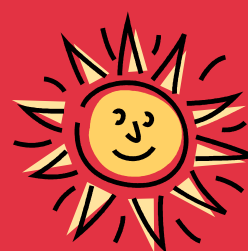
Thank you to the Rotary Club of Fleet for making Parity a beneficiary of its wishing well in the Hart Shopping Centre, which brought in £402.49.

Zurich

Thank you to staff at Zurich in Farnborough who fundraised within their offices over the holiday season, resulting in £500 donated to Parity.

More from Zurich

Zurich is also sponsoring Parity's Farnborough to Meudon bike ride which takes place September 24-27 this year. Thank you to Zurich Charities Committee for pledging £160 toward the cost of the event.



Summer Fun at the Fayres

Parity volunteers will be out meeting the public and running sand art stalls at fetes throughout the summer. The coloured sand and plastic shapes are a real draw for children and we're grateful to organisers of the Surrey Heath Show, Donkey Derby, Cove Village Fayre and the Gostrey Meadow Charity Fair who've provided the opportunity to raise awareness and funds at the same time.

Please visit Parity's stand at the North Camp Fayre in July. Our decorated minibus will be in the parades for the North Camp Fayre and the Fleet Carnival, both taking place on July 11th!

Auction at the Army Golf Club

Thank you to everyone who turned out for Parity's auction on Friday 6 March at the Army Golf Club in Aldershot, which raised £1,400.

Garrison Radio DJ Richard Wyeth kept the bidding going on a range of luxury items and memorabilia, including afternoon tea at the Four Seasons in Dogmersfield and a tour of the Houses of Parliament.

The food put on by the new chef and his team was delicious and everyone enjoyed a very entertaining evening. We are grateful to all who donated the quality prizes and to the volunteers who helped make the evening a success.



Abseil in Woking

Parity will hold an abseil from the roof of Dukes Court (the tax building) in Woking on Saturday 19 September.

Eagle DJ Kim Robson and a team of Hampshire firefighters will be taking the 100 foot plunge— why not join them?

Participants are being asked to pay a £10 deposit and raise £100 in sponsorship. Experience is not necessary as you will receive all training on the day from abseil specialists AC Adventures, who have a 100% safety record.

It's a challenge to lean over the edge, but well worth the buzz you'll feel afterwards! Information packs are available from the events page on www.parityfordisability.org.uk, or by contacting Helene or Bernadette on 01252 375581.

Kelvin Smith's Rope Pull

Thanks to everyone who made suggestions for a challenge to mark Parity Trustee Kelvin Smith's 25th Year of fundraising. AC Adventures has come forward to offer a rope pull challenge across a raging river in Snowdonia! On Saturday 5 September, Kelvin will be hoisted 100 feet in the air, pulled 150 feet across the water, then pulled all the way back again. To sponsor Kelvin, please visit www.mycharitypage.com/Kelvin or contact him on 01252 314277. Good luck, Kelvin and thank you for everything you're doing for Parity.

Changes

We were sad to say goodbye to two long-standing staff members in March. Frimley Shop Manager Pauline McKenzie has left after 17 years of service, in which time the shop became well-known in the area and raised thousands of pounds for Parity.

Companies and Trusts Fundraiser Chris Wooldridge handed over the reins to Helen Pople after 10 years with Parity. Chris also brought in much-needed cheques which allowed Parity to maintain its services and to grow. We wish both Chris and Pauline all the very best.

Welcome aboard to new Frimley Shop Manager Denise Milham who brings many years' retail experience at Boots.

Welcome also to new volunteers Duggie Mallett, Rob Ingle and Hayley Kelsing. Duggie is carrying out word processing and desktop publishing, Rob has taken on extra design work to support volunteer Trissy Norris, and Hayley is creating events.

About Parity for Disability

Parity is a local charity providing vital services, information and support for children and adults with multiple disabilities, their families and carers in Hampshire, Berkshire and Surrey. To learn more, please visit www.parityfordisability.org.uk. Contact us on 01252 375581 or info@parityfordisability.org.uk.

AWARENESS & CAMPAIGNING

Please vote for Parity on Optimist World

**Friday 12 - Thursday 18
June 2009**

Good news web site Optimist World is running a competition to select the Optimist Charity of the Year. The site's mission is to spread the word about the many positive things that are happening around us every day. In October 2009, they will award up to five cash prizes to five successful charities and will then announce the overall Charity of the Year.

Parity for Disability is featured from Friday 12 to Thursday 18 June. During this time please take a moment to vote by visiting www.optimistworld.com/charities.aspx. The Parity office can also send you an e-mail about the competition, that you can forward to friends and family who you think could spare a minute to vote for us!

Donations

Our thanks to the following,
who donated to Parity between
Feb 1 and April 30:

Albert Hunt Trust
Aldershot Town FC
BAE Systems
The Bellinger Donnay Ch Trust
Brownless Ch Trust, RS
Camberley Ladies
E Butterfield & O Stansfield
Farnborough Rotary
H Garner
Hampshire County Council (Cllr
Sharon Wheale)
K Hopkins
J Lacey
Menzies
Estate of Mrs FP Modi
Sir Jules Thorn Ch Trust
In Memory of Claire Twomey
Waitrose Supermarkets Yateley
Yateley School
Zurich

Parity 100 Club Winners

Congratulations to:

February – O Durrett

March – G Pelling

April – S Smith

May – O Durrett

The next newsletter will be
issued in October 2009. The
deadline for submissions is
September 30.

This newsletter is half the usual number of pages as part of Parity's cost-cutting measures due to the recession. It is published by Parity for Disability. If you have contributions for future editions or comments resulting from this newsletter, please contact Helene Abbiss c/o Parity for Disability, 94 Whetstone Road, Farnborough, Hants.
Tel 01252 375581. E-mail info@parityfordisability.org.uk.

Dates For Your Diary

North Camp Fair and Fleet Carnival

Sat 11 July

Cheer on Parity's decorated minibus in both the North Camp Fair parade (from noon) and Fleet Carnival parade (from 4pm along Fleet High Street). Please visit Parity's stand at the North Camp Fair in the Queens Road Recreation Ground.

We're Going 4 It Surrey Family Evening

Sat 1 August

Enjoy a family BBQ at St Mark's Church Hall, Normandy with the sounds of live 60s and 70s music. For further information contact Paul Harris on 01252 501948. We're Going 4 It Surrey is a new social club for all people with disabilities in South West Surrey.

Parity Volunteer Appreciation Event

Sun 9 August

Parity volunteers are invited to enjoy a summer afternoon at Blunden Hall, Cove where we will be thanking all the fantastic people who give their time to Parity. Details and invitations will be issued shortly.

100 Foot Sponsored Abseil at Dukes Court, Woking

Sat 19 September

A great opportunity to face your fears and help a local charity! No experience is necessary, training will be provided on the day. Participants are asked to pay a £10 deposit and raise £100 in sponsorship.

Tandem Skydive at Hinton Skydiving Centre, Northants

Sun 20 September

Join the Parity team who will be throwing themselves out of a plane at 12,000 feet! Face the challenge of skydiving with the tandem instructor there to control the entire skydive for you. Participants are asked to pay a £50 deposit and raise £300 in sponsorship.

Farnborough to France Sponsored Bike Challenge

Thurs 24—Sun 27 September

Parity's team of bike riders will journey 200 miles to Farnborough's twin town of Meudon near Paris.

Walk the Test Way

Sun 11 October

Organised by the Rotary Club of Romsey Test, you can choose from various walks along the route, with the furthest the 26 mile 'Marathon'. 75% of funds you raise will be donated to the charity of your choice. To register visit www.walkthetestway.co.uk

Himalayan Trek 2009

Departs Fri 23 October—why not trek for Parity in 2010?

An Msc student at the University of Kent is conducting a research project and looking for families of people with disabilities who either now, or at some point in the future, must deal with transition. You would be asked to fill in a 4-page questionnaire. If you think you might be able to help, please contact Gina Skourti on 077 4866 2852 or gina1sk@gmail.com.

**PARITY**
For People With Multiple Disabilities