



Parity for Disability Sponsored Skydive

You are just a step away from a day that you will remember forever. Nothing compares to the unique experience of skydiving.

Whether you've always yearned for the thrill of freefall or you're just looking for a challenge, this one will provide you with the experience of a lifetime while raising vital funds for a local charity.

We are using the Hinton Skydiving Centre (www.skydive.co.uk), approximately a 90 minute drive from Farnborough.

The Experience

After a briefing you will take to the skies. It's the ultimate adrenalin experience! After a twenty-five minute plane ride to reach the required altitude, the roar of the engines softens, and you are over the drop zone. What follows is up to 7,000ft of freefall at speeds of around 120mph, strapped securely to a qualified instructor. At 5000ft the instructor deploys the parachute and you float gently into the landing zone.

You will be provided with a skydiver's jump suit to go over your clothes (you should wear comfortable clothing such as a track suit and trainers). Then after fitting a tandem parachute harness (and appropriate headgear and goggles) the jump plane will take off.

You can choose your own date, or you can join the Parity team. If you would like to be a part of the team, please check the event calendar on the Parity web site for agreed dates or contact Helene on 01252 375581. Please remember to allow plenty of time to raise sponsorship.

Why not organise a group of friends, family or co-workers and jump together?

We will require a £50 non-returnable deposit. After paying the deposit, the total you will need to raise in sponsorship will be £350, in order to cover costs and raise funds for Parity.

Parity will book your skydive for you and may be able to make travel arrangements if you don't have transport to the skydive centre. The skydive fees include minimum provisional membership in the British Parachute Association which entitles the member to a Third Party liability insurance of £2,000,000.

Weight Limits

The weight limit is 15 stone (95 kilos). Your weight will be checked on the day.

Age Limits

The minimum age for sport parachuting is 16 years. For those under 18 years of age a separate signed letter of consent from a parent or guardian will be required before training commences.

Fitness

You will be required to complete and sign a 'Declaration of Fitness' to Parachute before training commences (this will be provided when your booking is confirmed).

If you are 40 years of age or over, you must obtain written approval from your Doctor on the 'Declaration of Fitness to Parachute' form before commencing training.

You will also need a 'Declaration of Fitness to Parachute' if you have suffered from any of the following: previous fractures, back strain, arthritis and severe joint sprains, chronic bronchitis, asthma, rheumatic fever, pneumothorax, liver or kidney disease, thyroid, adrenal or other glandular disorder, chronic ear or sinus disease, or any condition which requires the regular use of drugs, anaemia or if you have recently donated blood.

You will not be allowed to undertake parachute training if you have ever suffered from any of the following medical conditions, unless you and your Doctor have obtained the prior approval of the Medical Advisor to the British Parachute Association (who may be contacted via the address on the 'Declaration of Fitness' form): Epilepsy, fits, severe head injury, recurrent blackouts or giddiness, disease of the brain or nervous system, high blood pressure, heart or lung disease, recurrent weakness or dislocation of any limb, diabetes, mental illness, drug or alcohol addiction.

Weather

Skydiving is a sport governed by the weather. For important safety reasons skydiving will only take place when weather conditions permit.

Clothing

Comfortable clothing such as trainers and a tracksuit should be worn.

If you have any questions or require further information, please contact Helene on 01252 375581 or helene@parityfordisability.org.uk. We hope to hear from you soon.

Parity for Disability Skydive

Entry Form

<i>Location: Hinton Skydive Centre, Northants</i>	<i>Date of Skydive:</i>
<i>Name:</i>	
<i>Address:</i>	
<i>Post Code:</i>	
<i>Tel No (Day):</i>	<i>Tel No (Evening):</i>
<i>E-mail address:</i>	
<i>Place of work (if entering as part of a team):</i>	
<i>I heard about this event from:</i>	
<i>Date of birth:</i>	

I have enclosed my £50 deposit. *Please make cheques payable to Parity for Disability.*

We welcome enquiries from participants with disabilities. If you have a medical condition, disability or any reason to question your ability to participate in the event (e.g. cardiovascular or respiratory disorders or epilepsy), please give details (if in doubt please consult your Doctor):

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 Persons age 40 or more will require a medical form signed by their doctor. Anyone under the age of 18 will require the same medical form to be witnessed by a parent or guardian in addition to providing parental consent on a BPA membership form. The minimum age is 16.

I, the undersigned, wish to take part in the Skydive specified above. I understand that this is a sponsored event and will endeavour to raise £350 minimum in addition to the deposit, and that if I fail to raise the full amount I will be asked to make up the shortfall myself. I accept that Parity for Disability reserve the right to cancel or postpone the event and to refuse participation if it is deemed necessary and that deposits are non-refundable. I understand that any photographs taken on the day of the event may be used by Parity for Disability for publicity purposes. I accept that the organisers cannot be held liable for injuries and damage sustained when not under direct supervision or from failing to follow instructions.

SIGNED:.....*DATE:*.....

Anyone aged between 16 and 18 years old must also have a completed 'Parental Consent Form' signed by a parent or legally appointed guardian **who must be present on the day.**

Please return the completed form(s) to Parity for Disability, 94 Whetstone Road, Farnborough, Hants GU14 9SX.